

## Sicily cycling tour including a 3 days visit on the „Italian boot“

### 1<sup>st</sup> day Nov. 15<sup>th</sup>, 2016.

Ferihegy:05:30>> 6:30 gates close taking off 7:00 > landing 9:05

**819 - Etna** 1921m second name Rifugio Sapienza start place Zafferana Etnea 587m  
start location 37.68723 / 15.10354 (Pedara) Difference of level 1334m , 18 km ,7.3-12.4 %  
Energy points 1067 Airport-Pedara accommodation L'Orso Scuro Trecastagni {60km  
<https://www.bikemap.net/en/route/3826919-catania-pedara-rifugio-spienza-etna/>

### 2<sup>nd</sup> day Nov.16<sup>th</sup>

40 km to Taormina + 8 km to Castelmola +8 km back

**818 - Castelmola** (castel millstone)495m start place Taormina (Capo) - bivio ss 114 45m  
start location  
37.85412 / 15.29233 Difference of level 450m , 8 km , 7-16 % Energy points 743  
<https://www.bikemap.net/en/route/3826945-trecastagni-catania-taormina/>  
Taormina- Messina 51 km {~110 km  
<https://www.bikemap.net/en/route/3826956-taormina-messina/>

### 3<sup>rd</sup> Nov. 17<sup>th</sup> day ferry to Villa San Giovanni

Messina to Villa San Giovanni Ferry in 2016 Crossing time: around 20 minutes

Frequency: 36 times per day return-ticket / 3 days 42€

15 km to Reggio di Calabria + 85 there and back

**810 - Monte Alto Cocuzza** (high Cocuzza mount)1884m start place Reggio di Calabria 12m  
start location 38,11183 / 15,65178

Difference of level 1872m , 42.9 km , 4.4-14 % Energy points 1537

+30-36 km alloggio a Pellaro ? { ~135km

B&B Arcobaleno Value 30€ Via Nazionale n°257 , 89134 Pellaro, Italy

<https://www.bikemap.net/en/route/3826976-villa-san-giovanni/#/z11/38.04728,15.7640076/terrain>

### 4<sup>th</sup> day Nov.18<sup>th</sup>

35-40km Bova Marina 35 km there and back

**811 - Portella di Bova** 1129m ,Bova Marina 10m , start location 37,92931 / 15,93065

Difference of level , 16.3 km , 6.9-15.6 % , Energy points 1092

51 km to Monasterace Marina accommodation

<https://www.bikemap.net/en/route/3826977-bova-marina-monasterace-marina/> oda 36,5 km

Monasterace 288

E90, 288, 89040 Marina di Monasterace, Italy {~135 km

### 5<sup>th</sup> day Nov.19<sup>th</sup>

**809 - Passo de Pietra Spada** (stonesword,kőkard) 1353m ,Monasterace Marina 8m ,

Difference of level 1345m

36.3 km , 3.7-9 % , Energy points 799

<https://www.bikemap.net/en/route/3827008-monasterace-passo-de-pietra-spada-villa-san-giovanni/> 115 km Villa San Giovanni ferry to Messina {~120 km

### 6<sup>th</sup> day Nov.20<sup>th</sup>

90 km via San Biagio to Sella Mandrazzi +20 km back to Fumari accommodation

**817 - Sella Mandrazzi** 1125m start place San Biagio 40m start location 38.12661 / 15.13869

Difference of level 1085m 29 km, 3.9-14 % Energy points 633 {~120km

<https://www.bikemap.net/en/route/3827022-messina-sella-mandrazzi-fumari/>

### 7<sup>th</sup> day Nov.21<sup>st</sup>

~50km to Capo d Orlando - Floresca- +~45 km to Portella dello Zoppo (Favoscuro) back to Capo d Orlando 40 km

**816 - Portella dello Zoppo** (lame,sánta)1240 m start place Capo d'Orlando 12m

<https://www.bikemap.net/en/route/3827032-fumari-capo-d-orlando-porta-delle-zoppo-capo-d-orlando/> 38,15629 / 14,75168 Difference of level 1252m , 49.9 km , 2.5-8.2 %

Energy points 872 {~135km}

**8<sup>th</sup> day Nov.22<sup>nd</sup>**

20 km to Sant'Agata di Militello +70 km there and back

**815 - Portella Femmina Morta** (man death gate)1524m Sant'Agata di Militello 9m start location 38,06417 / 14,62077 , Difference of level 1515m , 35.7 km , 4.2-9.5 % , Energy points 939 accommodation in Sant Agata di Militello +32 km Santo Stefano di Camastra? {~90-125km?}

**9<sup>th</sup> day Nov.23<sup>rd</sup>**

+50 km

<https://www.bikemap.net/en/route/3827224-sant-agata-di-militello-campofelice-di-roccella/#/z11/37.995351,13.9979553/terrain>

**814 - Piano Battaglia Carbonara** (floor,battle, dish...)1655m , Campofelice di Roccella 12m , start location 37.99222 / 13.8859

Difference of level 1643m , 35.8 km , 4.6-13 % Energy points 1077 {~125km}

**10<sup>th</sup> day Nov 24<sup>th</sup>**

70 km to Palermo

**813 - Monte Pellegrino**,second name Statua di Rosalia,Sanctuario Rosaria-{pilgrim} 440m , Palermo 32m start location 38,14822 / 13,35744 , Difference of level 371m

8.5 km , 4.4 - 11.3 % , En pois 458 to Terrasini {~115-120 km with sightseeing in Palermo

<https://www.bikemap.net/en/route/3827242-campofelice-di-roccella-palermo-terrasini/>

{~120 km including sightseeing in Palermo

**11<sup>th</sup> day Nov.25<sup>th</sup>**

812 - Erice 756m start place Sant' Andrea Bassa 10m start location 38,06016 / 12,60849

Difference of level 741m ,14 km ,5.3 -? % , Energy points 576

From Terrasini - Erice-Segesta (Greek tempel, theater) {~115km

<https://www.bikemap.net/en/route/3827252-terrasini-erice-chbig-segesta/>

**12<sup>th</sup> day Nov. 26<sup>th</sup>**

+ ~25 km Alcamo train station

<https://www.trainline.eu/search/alcamo-diramazione/santagata-di-militello> ~12€, 4-7h

<https://www.trainline.eu/search/alcamo-diramazione/catania-centrale/>

2016-11-27-10:00

Almaro-Catania Centrale 10:37 → 18:25 16.5€ on Sunday Nov,27<sup>th</sup>, Monday Nov 28<sup>th</sup> or 26<sup>th</sup>

08:06 → 16:25 ~8h 16:21 → 22:25 Almaro-Catania Centrale Nov.25<sup>th</sup> ??

**13<sup>rd</sup> day Nov.27<sup>th</sup>**

Catania-Siracusa <https://www.bikemap.net/en/route/3827962-catania-siracusa/>

65 km

**14<sup>th</sup> day Nov. 28<sup>th</sup>** back to Catania

**15<sup>th</sup> day Nov. 29<sup>th</sup>** 8:30-9.15 gates close 9.45> ~ 11:50

Wizzair **XI.15-XI.29** 09:45 11:55 +11+28e +21e =50.980 HUF

10 B.I.G destinations ~1600 km , level difference at least 14000 m