

Sardegna /Sardinia

Budapest-Alghero Wizzair flight

Alghero-Sassari-Oschiri- Lago di Coghinas ~ 100 km accommodation

**820 Balestrieri** 1341 m second name Monte Limbara ,start place:Ponte Lago Coghinas  
152m 40,75776 / 9,07742 , 1189m , 30.8 km 3.9 %-13.7 % ,Energy points 1041

<https://www.bikemap.net/en/route/3843728-alghero-sassari-balestrieri-ozieeri/>

**821 Passo Punta Masiennera** 984 m ,**Ozieri** 358m ,40,58204 / 9,00609

Difference of level 626m , 20.6 km ,3 -11 % ,Energy points 593

accommodation in Ozieri

**822 Sporting Club Monte Spada** 1303 m ,Bruncu Spina ,start place Cantoniera  
su Grumene 348m ,start location 40.21399 / 9.28388 ,955m ,43.6 km,2.2-11 % ,Energy  
points730

**823 Arcu Correboi** 1246 m ,Cantoniera su Grumene ,348m ,40.2143 / 9.28383

898m ,31 km , 2.9-9.6 % ,Energy points 548

<https://www.bikemap.net/en/route/3843749-ozieri-passo-punta-masiennera-monte-spada-arcu-correboi-genna-silana/>

**824 Genna Silana** 1017 m ,Orosei, 7m 40,27966 / 9,61896

1010m ,41.4 km ,2.4-.79 % energy points :604

<https://www.bikemap.net/en/route/3843752-arbatax-cagliari-serpeddi-cagliari/>

Su Nuraxi di Barumini UNESCO World Heritage site, if visiting + 100 km

**825 Serpeddi** 1050 m , Cagliari (Selargius) 17m ,39.223543 / 9.195559

1033m ,25.8 km , 4 -12.4 % ,Energy points 934 trekking!

Cagliari-Alghero train 2 changes 18€ ~ 4 h

~750 km cycling ~8-10 days