

ZONE 2

Ireland

64 Sally Gap 497 m second name Bearnas Na Diallaite start place Dublin (Terenure) , 40m

53.28174 / -6.29744 , 457m 22 km , 2.1- 11.2 % Energy points 475 , 53.00843 / -6.29744

65 - Wicklow Gap 485 m second name Bearn Chill Mhantáin start place Laragh 141m , 53.00843 / -6.29744 ,334m , 8.5 km , 3.9-11.6 % Energy points 246

63 Slieve Bloom Mountain 459 m Mountrath , 103m 53.00124 / -7.47432 , 356m 13,5 km

km , 2.6-9.5 % Energy points 270

Maybe by train from Mountrath to Cork!!!

62 Mullaghanish 649 m , Ballyvourney 134m 51.94563 / -9.17182 515m ,7 km , 515m

7.4-14.7 % , Energy points 527

61 Healy Pass 294 m Adrigole 9m , 51.69476 / -9.72106 ,285m , 6.6 km

4.3-10.5 % Energy points 198

60 Ballaghbeama Gap 282 m Gearha South 42m 51.88884 / -9.76933 ,240m ,8.8km 2.7 -23.6 % Energy points 292

59 Ballaghasheen Pass 306 m Curragh Beg 44m 51.98619 / -9.87113 , 262m 6.4 km 4.1-15.2 % Energy points 213

58 Coomakesta Pass 208 m Waterville 6m ,51.82731 / -10.17201 ,202m

6.8 km ,3-7.4 % Energy points 117

57 Connor Pass 410 m Dingle 3m ,52.13867 / -10.27092 407m ,7.2 km

5.7 -10 % Energy points 306

56 Cliffs of Moher 180 m Liscannor 3m 52.93927 / -9.38720 ,177m ,6.9 km

2.6-10 % Energy points 120

55 Glengesh Pass 268 m Meenaneary 53m 54.69737 / -8.61201 215m 9.3 km

2.3-10.5 % Energy points 156

54 Grianan of Aileach 244 m Carrownamaddy 18m 55.04028 / -7.42794 ,226m

2.6 km 8.7-17 % Energy points 261

53 Gap of Mamore 263 m Magherabane (river) 116m 55.22292 / -7.49076

147m ,1.2 km 12.3-21 % Energy points 219

North Ireland

52 Spelga Dam 405 m Newtownhamilton (Newcastle) vi 5m

54.21402 / -5.88574 , 400m , 14 km , 2.9-7.7 % Energy points 225

51 Sperrin 435 m second name Sawel , start place Park 129m 54.86512 / -7.07957

306m 5.6 km , 5.5-16.8 % Energy points 270

From Newry train to Dublin ~15€ 8.57 and in every 2-3 hours after travel time 1:20 min

1500 km+ 105 km + train from Newry to Dublin

Newry-Dublin 100 km by train ?

~~1700 km if we can catch a train twice it would be

return flight Budapest-Dublin Ryanair from 45000 Ft ~150 €

bicycle transport 60€ / way/flight