

NE-IT Északnyugat-Olaszország BIG

1200 km 16 óra autózás

1./ nap

2./ nap 683 - Colle dell'Agnello 2748m , **Frassino** 751m start location 44.57155 / 7.27787 1997m , 39.6 km 5 -12.1 % Energy points 1614

3./ nap 686 - Colle di Tenda („sátor hágó”) talán még nem járható, de megkérdezem a szállásadómat a környéken. 1908 m , La Giandola de Breil , 317m 43.95096 / 7.51865 , 1591m , 35.6 km , 4.5-12.6 % , 1200 Surfaced 0->31,8 km road-bike 0->35,6 km , MTB ok km
Gravel 31,8->35,6km

4./ nap 687 - Prato Nevoso 1734 m GPS 44.25903 / 7.79414

SIDES E 21.9 km - 961 pt

second name : Monte Malanotte , start place **Corsagliola** , 624m ,44.29575 / 7.83965 , 1110m , 21.9 km , 5.1-15.3 % , Energy points 961

N 15.6 km - 904 pt

start place:**Frabosa Sottana** 648m , 44.30303 / 7.80016

1086m , 15.6 km , 7 -10 % , Energy points 904

5./ nap 748 - Colle Garezzo 1771 m , **Pieve di Teco** 258m , 44.04834 / 7.91302 , 1513m , 25.4 km , 6-9.4 % , Energy points 1229 , 0->19,8 km road-bike 0->19,8 km MTB ok km
Gravel 19,8->25,4km

6./ nap 749 - Poggio di San Remo 162 m GPS Location 43.82835 / 7.81485 **San Remo**

start altitude 20m start location 43.82305 / 7.79958 , 142m , 3.1 km

4.6-8 % , 94 points

7./ nap 750 - La Cipressa 234 m **Aregai** , 16m ,43.84306 / 7.91573

218m , 3.3 km 6.6-12 % , Energy points 171

8./ nap 753 - Monte Beigua 1287 m 44.43319 / 8.56463

SIDES

S 18.9 km - 1134 pt

Varazze 6m , 44.35945 / 8.57738 , 1281m, 18.9 km , 6.8-12.7 % ,Energy points 1134

N 11.8 km - 672 pt

San Pietro d'Olba , 540m , 44.48544 / 8.5902 , 747m

11.8 km , 6.3-11.8 % , Energy points 672

9./ nap 754 - Passo del Faiallo 1061 m GPS Location 44.46236 / 8.66771

SIDES

SE 22.3 km - 850 pt

second name Passo del Turchino- start place : **Voltri** , start altitude 11m , 44.42997 / 8.75257 , 1050m , 22.3 km , 4.7-10.8 % , Energy points 850

N 18.9 km - 592 pt

start place :**Campo Ligure** ,355m start location 44.53413 / 8.69898 , 706m 18.9 km, 3.7- 11.5 % Energy points 592

W 12 km - 327 pt

San Pietro d'Olba 541m 44.48542 / 8.59017 , 520m , 12 km

4.3-7.9 % Energy points 327

9

10./ nap 758 - Colle dei Due Santi 1392 m GPS Location 44.38907 / 9.75258

SIDES

E 23.7 km - 1061 pt

Pontremoli 255m , 44.37478 / 9.87374 , 1137m 23.7 km , 4.8-13.6 %

Energy points 1061

SW 26.2 km - 1060 pt

Sesta Godano , 207m , 44.28444 / 9.66513 , 1185m 26.2 km , 4.5-12 % Energy p 1060

11./ nap 760 - Passo del Lagastrello 1200 m ,44.34024 / 10.12967

SIDES

SW 21.9 km - 774 pt

Monti 162m , 44.24992 / 10.01313 , 1038m 21.9 km , 4.7-9.7 % , Energy points 774

S 12 km - 641 pt

Comano 538m ,44.29366 / 10.13089 , 662m , 12 km , 5.5-11.4 % Energy points 641

NE 20.5 km - 552 pt

Selvanizza 538m 44.43371 / 10.22733 , 662m , 20.5 km , 3.2-11.2 % , Energy points 552

N 12.7 km - 310 pt

Monchio delle Corti 799m, 44.40833 / 10.12526 , 401m , 12.7 km , 3.2-8.7 % , Energy points 310

12./ nap

1000 km PUH 13 óra autózás Bologna-Ferrara- Velence- SLO