

Új útvonal Észak-Olaszországban 2020. IX.10.

1. day/nap , September 10th

900 km 12 h driving / autózás Bolzano >>8,5 km to Sankt Michael /San Michele

2. day September 11th

704 - Passo della Mendola 1363 m :46.41681 / 11.208624

NE start place **Sankt Michael/San Michele** 408m :46.44082 / 11.25931 , 955m , 14.8 km , 6.5-9.6 %

Energy points 703 time limit: 1:56 h 3 h cycling /kerékpározás

>>220 km 4,5 h driving to Gordona

3. day , September 12th

689 Menarole 1323 m , 46.309140 / 9.338250 only SE side: **Gordona** : 290m , 46.295910 / 9.370600 , 1033m , 12.4 km , 8.3-13.2 % , Energy points 969

>>40 km, 1 h driving to Bonzeno

4th day , September 13th

740 - Monte Croce di Muggio 1535m second name Monte Croce di Muggio+ Bellano 207m 46.041090 / 9.302270 (**Bonzeno**) ,1328m 22.5 km , 5.9 -10.9 % Energy points 1200

60 km 1,5 h autózás Nesso-ba

5th day, September 14th

Casa Mauri ? 23802 Carenno ? 70€ non-refundable two nights

751 - Colma di Sormano SE! 1124 m start place **Nesso by Como lake**,Maglio via Muro di Sormano 494m , 45.872690 / 9.260820 , 630m . 7.2 km , 8.8-18.2 % Energy points 730

other options:NW, 13km - 757 pt , NE 9.6 km - 540 pt

6th day, September 15th

If we want to stay in the same place for two BIGs Asso (Canova)

>>>15 km to Bellagio

741 - Madonna del Ghisallo 754m **Bellagio** 205m , 45.985410 / 9.259920 , 549m , 10.7 km ,5.1 -12.4 % Energy points 552

>>50 km driving

738 - Monte Bisbino 1290m **Cernobbio** , 211m 45.840410 / 9.075350 , 1079m , 15.5 km ,7-14.4 % , Energy points 915 , only S side

>>> 15 km to Mendrisio

7th day, September 16th

575 Monte Generoso 1231 m (Lugano CH-Como IT között) second name :Albergo Bellavista , start place **Mendrisio (CH)**:376m , 45.86921 / 8.99066 , **855m**

10,2 km , 8.4 -13.3 % , Energy points 824 0->9,3 km , road-bike 0->10,2 km MTB ok km

Gravel 9,3->10,2km>> 35 km , 1h driving to Varese

8th day, September 17th

735 - Campo dei Fiori 1217 m ,45.868360 / 8.770670 , **Varese** , 387m ,45.819490 / 8.822200 , 830m , 14 km ,5.9-11.8 % .Energy points 712 , only SE side

>>20 km , 0,5 h driving

736 - San Martino 1079m second name San Martino al Culmine start place **Cuveglia** 291m , 45.904490 / 8.734140 , 788m , 10 km , 7.9-14.4 % , Energy points 789

9th day, September 18th

10th day, September 19th (reserve day?)

>> 30 km. 1h drivinig to Porto Valtravaglia

734 - Passo Cuvignone 1036 m , 45.927040 / 8.670520

SIDES

N 12.2 km - 837 pt

Porto Valtravaglia , 45.961470 / 8.680300, **835m** , 12.2 km , 6.8-15.4 %

Energy points 837

S 9.5 km - 798 pt

SE 11.2 km - 738 pt >> 75 km , 1,5 hours driving

11th day , September 20th

733 - Il Mottarone 1479m , 45.881050 / 8.453830 , SIDES
E 21.1 km - 1080 pt **Stresa** via Vezzo ,216m ,45.888220 / 8.525800 , **1263m** , 21.1 km
6-14.3 % , Energy points 1080
S 17.5 km - 1054 pt >>15 km , 0,5h driving to Ornavasso

12th day , September 21st

731 - Alpe Rossonbolmo 1610 m ,45.956910 / 8.361060 second name
Monte Massone+, Rifugio Legnano- start place **Ornavasso** start altitude 216m , 45.971830 /
8.413660 , **1394m** , 13.2 km , 10.6-22.4 % , Energy points 1785 Surfaced
0->5 + 7->12,8 : bad km road-bike 0->12,8 bad/mauvais km **MTB** 0->12,8 km Gravel 5-
>7km
>> 25 km, 0,5 h driving

13^h day, September 22nd

730 Alpe Cheggio 1504 m , second name : Rifugio Citta di Novara start place **Villadossola** :
261m , 46.07108 / 8.26266 , 1243m , Distance:23.8 km , 5.2-11.3 % , Energy points 1068
>> 25 km 0,5 h driving to Baceno

732 - Cascata del Toce 1675 m , GPS Location 46.40853 / 8.41264 , only S side: **Baceno** :
654m , 46.26149 / 8.31925 , 1021m , 26.3 km , 3.9-8.3 % ,Energy points 778

>> 215 km 2.5 h driving to **Châtillon**

14th day, September 23th

676 - Breuil-Cervinia 2006 m , 45.93454 / 7.63107 **Châtillon** : 549m , 45.75062 /
7.60856 , **1457m**, 26.6 km , 5.5 -9.6 % , Energy points 1065

15th day, September 24th

16th day September 25th (break day ?)

>>> 265 km, 3 h driving to Morgex

?? 285 - Col du Petit Saint-Bernard??? :2188 m , 45.68045 / 6.88398 , **Morgex** : 926m , 45.75767 /
7.03661 , **1262m** , 26.9 km , 4.7-7.5 % , Energy points 810

17th day, September 26th

677 - Colle San Carlo 1971 m , GPS Location 45.74281 / 6.98796 , **Morgex** 921m :
45.75635 / 7.03508 , **1050m** , 10.7 km , 9.8-14.4 % , Energy points 1094

>>135 km, 2 h driving

18th day, September 27th

678 - Colle del Nivolet 2617 m , 45.478970 / 7.142270 , second name :Gran Paradiso#
start place: **Locana** , start altitude 611m , 45.416410 / 7.460250 , **2006m** , 39.9 km , 5-
11.2 % , Energy points 1583

19th day, September 28th

>>>90 km 1,5 h driving to Avigliana

681 - Colle Braida 1007 m , 45.08329 / 7.33377

SIDES :NE 11.4 km - 559 pt

S 8.5 km - 419 pt second name :Sacra di San Michele- start place:**Avigliana** (Lago Grande)
356m , 45.06202 / 7.39211 , **651m** , 11.4 km , 5.7-10.9 % Energy points 55

>>>75 km , 1,5 h driving

680 - Colle delle Finestre 2176 m , 45.07207 / 7.05338

SIDES

S 11.2 km - **Pourrières** 1416m 45.0463 / 6.99941 , **760m** , 11.2 km , 6.8-10.3 % ,
Energy points 673 or N side>>>

>> 60 km, 15 h driving

N side: **Susa** 484m , 45.13356 / 7.06211 , 1692m , 18.9 km ,9-13.9 % , Energy points 1711
Surfaced 0->11 km , road-bike 0->11 + 11->18,9 !!!! km , MTB 0->18,9 km , Gravel 11-
>18,9km

>> 55 km 1 h driving

20th day , September 29th

679 - Colle Sommeiller 2993 m , GPS Location 45.13426 / 6.8446
second name Rifugio Ambin , start place **Bardonecchia** start altitude 1259m , start location
45.07744 / 6.7107
1734m , 25.9 km , 6.7-9.8 % , Energy points 1464
Surfaced 0->6 km road-bike 0->6 km MTB 0->25,9 km , Gravel 6->25,9km

21th day , September 30th break day

22th day , October 1st

>>>115 km 2,5 h driving to Bobbio Pellice

691 - Rifugio Barbara Lowrie 1753 m , 44.7493 / 7.08149 only SE side: **Bobbio Pellice** :
743m , 44.80788 / 7.11777 , **1010m** , 10.7 km , 9.4-16.3 % , Energy points 1240

>>40 km 1h driving

23th day, October 2nd

682 - Pian del Re , 2020 m , 44.70067 / 7.09671 only E side second name:Sorgente del Po
start place :**Calcinere** 768m :44.68666 / 7.22906 , **1252m** , 16.5 km 7.6 -13 % ,
Energy points 1108

>>> 60 km , 1,2h driving

24th day ,October 3rd

684 - Colle di Sampeyre 2284 m , NE side: 44.55122 / 7.11906 **Sampeyre** : 963m
44.57819 / 7.18677 , **1321m** , 15.9 km , 8.3-13.2 % , Energy points 1286

SIDES

SW 16.1 km - 1373 pt

SE 18 km - 1361 pt >>>> maybe 683-Colle dell Agnelo

>> 40 km 1,2 h driving

25th day, October 4th

685 - Colle Fauniera 2481 m , 44.38563 / 7.12179SIDES

N side: second Colle dei Morti, Col d`I Mortis start place:**Ponte Marmora** , 950m :
44.48938 / 7.09327 , **1531m** , 21.7 km , 7.1-11.3 % Energy points 1351

E 34.9 km - 1637 pt

SE 24.6 km - 1530 pt >>> 60 km , 2 h driving

26th day October 5th

309 - Col de la Lombarde 2350 m , 44.20267 / 7.15011 N side: **Vinadio** , 895m ,
44.30561 / 7.15959 , **1455m** , 21.4 km , 6.8-11.1 % Energy points 1242

686 - Colle di Tenda 1908 m , 44.149590 / 7.561800

SIDES

S 35.6 km - 1173 pt

N 30.7 km - 862 pt Roccavione / Borgo Dan Dalmaz 637m , 44.323730 / 7.480580 , 1271m
,30.7 km , 4.1-8.5 %

748 - Colle Garezzo 1771 m , 44.04542 / 7.77516 SIDES

E 25.4 km - 1229 pt

S 18.4 km - 1197 pt

749 - Poggio di San Remo 162 m , 43.82835 / 7.81485

750 - La Cipressa 234 m , 43.8515 / 7.9307