

Still to climb **in France** (65 BIGs) , 3 BIGs in Switzerland, **3 BIGs in Andorra , (2 +3) in Italy** and **10 BIGs in Spain** in the Pyrenees near the border (totally 86 BIGs)

Budapest-Lyon via Zürich 1450 km 15 h driving

Budapest Lyon via Milan-Turin 1400 km 14,5 h driving
On the way in Italy near Bolzano 704 - Passo della Mendola
Between Trento and Verona 729 - Passo di Campogrosso

If I drive through **Switzerland**: on the way in Switzerland

1. day

PUH- Sankt Gallen (Herisau) 910 km 11 h driving >>>> **Rüti bei Riggisberg** 230 km 3.5 h driving

2. day

547 Gurnigel 1609 m , 46.73206 / 7.44789

SIDES

N 9.7 km -second name :Stieren, Selibüelpass,Stierenhütte , start place **Rüti bei Riggisberg** , 824m start location 46.78115 / 7.45042 , **785m** , 9.7 km, 8.1-19.9 % , Energy points 855 , 2,5h cycling

>>>>70 km 1.2 h driving

542 Hauta-Chia 1458 m second name :Auta-Chia , start place **Broc** (route Pra Rond) , 690m

46.60271 / 7.09334 , **768m** , 18.2 km , 4.2-13.4 % , Energy points 737 , 3 h cycling

>> 10 km to **Im Fang**

3. day

546 Jaunpass 1509 m , 46.59142 / 7.34071 ,second name Col de Bellegarde

SIDES

W:

start place **Im Fang** (near Broc) start altitude 928m , 46.59951 / 7.23661

581m , 10.4 km , 5.6 -11.5 % , Energy points 508 2 h cycling

NE 8.2 km - 662 pt 10.4 km - 508 pt second name Col de Bellegarde start place Reidenbach 840m , 46.61956 / 7.37728 , 669m , 8.2 km , 8.2-15.3 % Energy points 662

France

>>>440 km , 5,5 h driving

243 Col de Bancillon ,45.81165 / 3.08669 ,E side:549 m second name Col du Chevalard

E side:start place **Montferrand** 343m 45.806970 / 3.106840 , 206m , 1.9 km

10.8-24.3 % , Energy points 339 1 h cycling >>> S 2.6 km - 155 pt

15 km 0,5 h driving sightseeing in Clermont-Ferrand 2-3 h

4th day

244 Puy-de-Dôme ,45.7709 / 2.96324 1415 m , start place **Royat** ,547m, 45.76579 / 3.04149 , 868m , 10,2 km , 8.5 -12.3 % Energy points 919 only E side 3,5 h cycling

>>> 20 km , 0,5 h driving

245 Col de Guéry , 45.62081 / 2.8207 1264 m , **Villejacques** , 780m 45.72023 / 2.87847 , 484m , 15 km -7.2 % .Energy points 286 ,only N side. 2,5 h cycling

>>> 22 km , 0,5 h driving

246 Col de la Croix-Morand , 45.59693 / 2.85111 .1401 m , W side: **Mont Dore** 356m 45.57498 / 2.8102 , 356m , 6,9 km , 5.2-8.2 % , Energy points 242 , 1,5h cycling

>> E 12.4 km - 390 pt

5th day

247 Col de la Croix Saint-Robert ,45.56189 / 2.83858 , 1451 m. second name Col de Diane W side: start place **Mont-Dore** , 1088m 45.5677 / 2.81336 , level difference:363m , 6.1 km , 6 -9.1 % , Energy points 275 , 1 h cycling >>>>E 18.4 km - 509 pt 115 km , 2,5 h driving

248 Col du Béal ,45.68609 / 3.78318 , 1390 m NW side: **Le Brugeron** ,825m , 45.71095 / 3.71675 , 565m , 10 km. 5.6 -8.5 % , Energy points 431 2,5 h cycling >>>> SW 13.6 km - 709 pt , >>>>> E 27.1 km - 675 pt >>50 km, 1.2 h driving

249 Col de Baracuchet ,45.57875 / 3.93013 , 1267 m , **Montbrison** , 421m , 45.60244 / 4.05889 ,846m ,15.7 km , 5.4-7.6 % Energy points 576 3h cycling >>> S 7.1 km - 207 pt

6th day

60km , 1.2 h driving

250 Col de la Croix de l'Homme Mort ,45.54676 / 3.9639 , 1163 m , E side: **Montbrison** , 418m ,45.585 / 4.07414 , 745m , 14.5 km , 5.1-7.7 % , Energy points 494 3.5h cycling >>>W 5.8 km - 141 pt

251 Chaise-Dieu (God chair)45.31485 / 3.69982 , 1111 m N side: **Arlanc** 608m , 45.4101 / 3.72551 , 503m , 14.1 km 3.6-8.7 % Energy points 388 >>>W 18.4 km - 296 pt 2 h cycling >>> 85 km , 2 h driving , sightseeing walk in Saint Etienne ??

7th day

252 Col de la République 45.33276 / 4.48018, 1161 m , second name Col du Grands Bois N side: **Saint-Etienne** 590m , start location 45.41013 / 4.39862 , 571m, 12.8 km 4,5-8 % Energy points 387 2.5h cycling >>>>S 12 km - 395 pt >>>55km , ,5 h driving to Chavanay

253 Crêt de l'Oeillon 45.39227 / 4.61033 ,1361 m 45.39227 / 4.61033, second name Mont Pilat , start place **Chavanay** 157m , 45.41541 / 4.73537 . 1204m ,21 km ,5.7-9.5 % Energy points 889 6h cycling >>>>W 29.3 km - 657 pt

8th day

>>> 30 km, 1 h driving

254 - Col de Charousse 1251 m 45.21612 / 4.48154 ,E side: **Annonay** ,358m , 45.23988 / 4.66533 . 893m , 25.3 km .3.5-7.8 % . Energy points 588 4h cycling >>>W side: 11.8 km - 278 pt >> 210 km , 4 h driving

257 - Col de Finiels 1541 m ,44.42383 / 3.76901 , N side: **Pont de Mauvert** ,877m 44.36326 / 3.74355 , 664m , 11.3 km , 5.9 -8.6 % ,Energy points 482 3 h cycling >>>N 11.1 km - 347 pt

9th day

>>>130 km 3 h driving

259 Col de Meyrand 44.60695 / 4.07426,1370 m , E side: **Valgorge** 560m 44.58743 / 4.12736 , 810m , 15.8 km , 5.1-7.8 % Energy points 523 3h cycling >>>N 5.3 km - 131 pt >>100 km 2,5h driving

260 Croix de Boutières 44.89937 / 4.18511,1500 m E side: **Saint-Martin-de-Valamas** via Li 542m, 44.94359 / 4.36594 , 958m , 22.9 km , 4.2 -9.6 % , Energy points 735 4 h cycling >>>> W 17.5 km - 367 pt

10th day

accommodation in Saint-Martin-de-Valamas

261 Gerbier de Jonc 44.84114 / 4.22253,1417 m N side: **Saint-Martin-de-Valamas**

549m . 44.93734 / 4.36665 , 868m , 25.9 km , 3.4 -7.3 % Energy points 522 4h cycling
>>115 km 3 h driving
W 31.3 km - 432 pt

278 Col du Grand Cucheron 45.48973 / 6.24833 (Montgilbert A 43, D1006) ,1188 m
E side : 336m , 45.54095 / 6.30793 , , 852m , 16.2 km , 5.3-9.7 % , Energy points 764
3,5 h cycling >>>W 18.4 km - 635 pt
>> 35 km , 0, 7 h driving

11th day

279 Collet d'Allevard 45.39524 / 6.12736 1650 m one side only (W): **Allevard**
473m, 45.39393 / 6.07711 , 1177m , 15.4 km , 7.6-13.1 % , Energy points 1114
5 h cycling >>> 60 km , 1 h driving

12th day

280 Col de la Madeleine, 45.43545 / 6.37557 , 1984 m, S side: **La Chambre** :452m ,
45.35367 / 6.3028 , 1532m , 20.2 km , 7.6 -12 % , pts 1366 , 6h cycling
>>>N 24.7 km - 1248 pt
>> 75 km , 1,3 h driving

13th day

282 Cormet d'Arêches 45.617230 / 6.602950 2108 m N side: **Beaufort**
743m ,45.717920 / 6.575200 . , 1365m, 19.3 km ,7.1-12.7 % Energy points 1206
Surfaced 0->15,2 km road-bike 0->19,3 km MTB ok km **Gravel 15,2->19,3km** , 6 h
cycling other side:S 20.2 km - 1227 pt

14th day

283 Cormet de Roselend 45.69131 / 6.69058 1968 m W side: **Beaufort**
744m ,45.71784 / 6.57529 , 1224m , 20.4 km , 6 -11.2 % . 1092 4,5 h cycling
>>> S 19.2 km - 937 pt
>>60 km 1 h driving

15th day

284 La Plagne 45.50435 / 6.68744 2080 m only N side: **Aimé**
667m ,45.55631 / 6.6601 , 1413m , 20.3 km , 7-9.9 % , Energy points 1128 5,5 h cycling
>> 190 km 3 h driving

16th day

292 - Col du Granon 2413m ,**Saint-Chaffrey** 1350m start location 44.93279 / 6.58999
1063m , 16 km 6.6-13.6 % ,Energy points 1113 4 h cycling
>> 20 km , 0,5 h driving

293 - Pré Madame Carle 1874m , **L'Argentière-la-Bessée** 979m ,start location 44.79422 /
6.56244 ,dif. 895m ,24 km , 3.7-13.2 % ,Energy points 711 3,5h cycling

17th day

40 km driving

295 Sommet du Bûcher 44.73976 / 6.81361, 2210 m only NW side:**Château-Queyras**
1358m , 44.7549 / 6.78385m , 852m , 10.7 km , 8-11.9 % Energy points 859
Surfaced 0->2,5 km road-bike 0->10,7 km MTB ok km , **Gravel 2,5->10,7km** 5h cycling
>> only 2 km to Ville-Vieille!!

296 Chapelle de Clausis 44.67356 / 6.9234, 2350 m , second name Saint-Véran
only NW side: start place **Ville-Vieille** 1377m , 44.76225 / 6.82095 , 973m ,17 km
5.7 -10.8 % Energy points 810 6 h cycling , **Gravel 11,2->17km**

18th day

683 - Colle dell' Agnello 44.68401 / 6.97964 , **2748 m !!!** , **Ville-Vieille** ,1377m
44.76244 / 6.82078 , 1371m , 20.8 km , 6.6-11.2 % , Energy points 1166 , 5,5 h cycling

>> 160 km , 3,5 h driving

19th day

304 Col du Parpaillon 44.48673 / 6.64716 2650 m W side: **Embrun** , 872m
44.56651 / 6.4982 , 1778m, 29.2 km, 6.1-9.3 % ,Energy points 1533
Surfaced Gravel 19,7->29,2km 7 h cycling >>> **E 17.7 km - 1290 pt**
>>> 170 km , 4 h driving

20th day

303 Col du Pontis 44.48789 / 6.34855 1301 m S side: **Ubaye** , 783m ,44.46455 /
6.36049 , 518m , 5.6 km , 9.2 -13.4 % Energy points 533 , 2 h cycling

>>>N 8.9 km - 471 pt

>>> 50 km , 1,2 h driving

302 Mont Colombis 44.49616 / 6.22164 1733 m ,only SW side:**Remollon** , 678m ,
44.46846 / 6.17355 , 1055m , 12 km , 8.8 -13.8 % Energy points 1100 , 4,5 h cycling

>>> 50 km 1h driving to Barcelonnette

21th day

307 - Col de la Cayolle 44.25975 / 6.7437 ,2327 m

>>>>N side: **Barcelonnette** start altitude 1136m ,44.38449 / 6.64833 , 1191m ,29.5 km
4 -8.3 % , Energy points 743 , 5 h cycling

>>>S side: **Guillaumes** :810m , 44,09071 / 6,85307, 1517m , 32 km , 4.7 -9.6 % Energy points 1143
6-7h cycling

>>> 90 km 2 h driving to Saint-Sauveur-sur-Tinée

311 Col de la Couillole 44.100240 / 7.023030 1678 m , E side:

Saint-Sauveur-sur-Tinée , 514m, 44.086190 / 7.106060 , 1164m , 16.2 km ,7.2-14.7 %
Energy points 1031 5 h cycling >>>>S 29 km - 977 pt >>>W 27.1 km - 957 pt4

22nd day

309 Col de la Lombarde 44.20267 / 7.15011 2350 m

S side: Saint-Sauveur-sur-Tinée , 516m ,44.08634 / 7.10606 , 1834m ,34.5 km
5.3 -9.5 % Energy points 1435 , 8h cycling

N side: from Italy (Cuneo) **Vinadio** ,895m ,44.30561 / 7.15959 , 1455m ,21.4 km
6,8-11.1 % Energy points 1242

>> 10 km driving on M2205 to M 2565 in direction to Le Planete

23rd day

325 Col Saint-Martin 44.07093 / 7.22205 1500 m second name:La Colmiane

S side: start place **Lantosque** 481m , 43.97453 / 7.31161 , 1019m ,22.9 km
4.4 -10.4 % ,Energy points , 750

>> W side:**Carrefour D2205 / D2565** ,start altitude 495m , 44.05469 / 7.12142 ,
1005m ,16.5 km , 6.1 -9.5 % , Energy points 750 5h cycling

>>> 45 km 1,5 h driving

24th day

328 L'Authion 43.9981 / 7.42778 2030 m , second name :Col de Turini-Sospel

>>>>N 26.3 km **-La Bollène-Vésubie** start altitude 510m , 43.98948 / 7.32096 ,
1520m , 26.3 km , 5.8 -10.4 % , Energy points 1335 6 h cycling

>>>SW 37.7 km - 1365 pt ,

S side:Sospel 366m , 43.87804 / 7.44317 ,1664m , 35.4 km , 4.7 -9.9 % , Energy points 1338

>>> 15 km 0,5h driving to Saint-Jean la Rivière

25th day

327 Madone d'Utelle 43.90857 / 7.22275 1174 m E side:**Saint-Jean la Rivière** , 294m
43.91935 / 7.26391, 880m , 16.2 km , 5.4-7.9 % , Energy pts 624 3 h cycling

>>>W 26.1 km - 896 pt

near NIZZA !!!!

>> 230 km 4 h driving

300 Col du Noyer 44.69245 / 5.98427 1664 m E side: **Les Barraques**
972m , 44.67514.7 km - 456 pt08 / 6.07241 , 692m , 13.3 km , 5.2 -14.8 % ,Energy points
669 2,5 h cycling

>>>W

>>> 100km 2 h driving

26th day

299 Col de Ménéce 44.75879 / 5.60472 1402 m , E side: **Châtillon-en-Diois**
569m .44.69405 / 5.49051, 833m 21.1 km , 3.9-8 % Energy pt 527 3,5 h cycling

>>N 14.5 km - 432 pt

>>>280 km 4,5 h driving

313 Montal Aigou 574 44.12152 / 3.57708 1567 m S side: **Le Vigan**
245m , 43.97363 / 3.59276, 1322m ,36.1 km , 3.7-7.3 % ,Energy points 878, 5,5h cycling
S 36.1 km - 878 pt , E 42.2 km - 818 pt , N 36.6 km - 737 pt , W 30.7 km - 565 pt

>>> 70 km 2h driving

27th day

314 Col des Faïsses 44.24649 / 3.62406 1026 m N side: **Florac** 548m , 12,2 km
,Energy points 435 2 h cycling

>>> SE 39 km - 715 pt ,W 6 km - 359 pt , NE 14 km - 342 pt

>>> 35 km ,1h driving

312 Col de Rieisse 44.28412 / 3.31592 946 m **La Malene** ,457m
44.30026 / 3.32086 , , 489m , 7.8 km , 6.3 -15 % , Energy points 470 2h cycling

>> W 14 km - 492 pt

>> 220 km 4 h driving

28th day

315 Pic de Nore 43.42441 / 2.46417 1200 m S side: **Villeneuve-Minervois via Col d**
199m , 43.31552 / 2.46198 , 1001m , 23.3 km , 4.3 -7.7 % , Energy points 666 3,5h
cycling >>>N 17 km - 674 pt

Carcassonne sightseeing!

>>> Pyrenees<<<<

>>> 300 km 4 h driving to Argelès-Gazost

better option:

90 km 2 h driving to Fougax-et-Barrineuf

356 Montségur 1059 m second name Château de Montsegur, col de Montsegur
start place **Fougax-et-Barrineuf** , 542m , 42.8805 / 1.89412 , 517m , 9.7 km
5.3-13.5 % , Energy points 461 2 h cycling , >>>>E 9.7 km - 461 pt

>>40km, 1 h driving

29th day

355 Prat d'Albis 42.90908 / 1.56325 1460 m only N side:
second name Bout de Touron , start place **Foix** , 398m , 42.96334 / 1.6041 , 1062m
15.6 km , 6.8 -11.8 % , Energy points 904 4h cycling

>> 20 km , 0.5 h driving

354 Col de Péguère 42.91833 / 1.38906 SW side: 1389 m **Massat** 654m , 42.88939 / 1.34741
, 735m ,9.9 km , 7.4 -17.6 % ,Energy points 788

>>>>N 21.4 km -start place **La Bastide-de-Sérou** , 409m , 43.0123 / 1.4295 , 980m ,
21.4 km , 4.6-12.5 % , Energy points 848 4 h cycling >>>> E 26.7 km - 662 pt

30th day

>>110 km , 2h driving to Mauléon-Barousse

363 - Port de Balès 42.87417 / 0.50063 1755 m
.87417 / 0.50063 1755 m N side: **Mauléon-Barousse** , 578m
42.9594 / 0.56748 , 1177m , 19.1 km , 6.2-15.4 % , Energy points 1046 5h cycling

>>>SE 19.6 km - 903 pt
50 km , 1 h driving

343 Col de Beyrède 42.96281 / 0.30895 1417 m W side:**Bagnères-de-Bigorre**
561m , 43.06051 / 0.15396 , 856m , 22.5 km , 3.8-16.3 % , Energy points 664
E 10.4 km - **Beyrède-Jumet** 702m , 42.95711 / 0.37567 , 715m , 10.4 km , 6.9-13.9 %
Energy points 674 3,5 h cycling
>>>90 km 2h driving

31st day

337 - Hautacam 42.97253 / -0.00364 , 1615 m , second name Tramassel*
start place **Argelès-Gazost** , 423m 43.00542 / -0.08244 , 1192m , 16.4 km , 7.3 -11.4 %
Energy points 1059 4 h cycling

335 Col de Spandelles 43.01132 / -0.21857 1378 m E side:
Argelès-Gazost start 469m , 43.00708 / -0.10121 , 909m , 15.4 km
5.9-14 % Energy points 774 , 4h cycling >> W 10.5 km - 796 pt

32nd day

>>> 120 km 3 h driving

España !!

420 - Puerto de Larrau 42.97414 / -0.9938 . 1573 m second name Port de Larrau
start place **Larrau** 629m , 43.01937 / -0.95619 , 944m , 12.1 km , 7.8-14.3 % 4h cycling
Energy points 1002

>>> 55 km , 1,5 h driving

419 - Oranzurieta 43.02198 / -1.27637, 1563 m , second name Puerto Ibañeta-
start place **Arnéguy** , 256m , 43.10962 / -1.28102 , 1307m , 24.2 km , 5.4-13.4 %
Energy points 1160 , Surfaced , **Gravel 21,8->24,2km** 4,5 h cycling

33rd day

>>> 120 km 3 h driving

336 Pont d'Espagne 42.85198 / -0.13622 1496 m only N side:
Lau Balagnas , 448m , 42.99821 / -0.09454 , 1048m , 23.3 km , 4.5 -11.7 %
Energy points 792 4,5 h cycling

>>> 20 km 0,5 h driving to Luz-Saint-Sauveur

338 Luz-Ardiden 42.88423 / -0.062911720 m only SE side: **Luz-Saint-Sauveur**
684m, 42.86773 / -0.01021 , 1036m , 13.9 km , 7.5 -10.5 % , Energy points 884
4 h cycling

34th day

339 Gavarnie 42.70404 / -0.06373 2208 m second name
Col de Tentes, Puerto (Port) de Boucharo+ only NE side:
start place **Luz-Saint-Sauveur** , 716m , 42.87323 / -0.0033 , 1557m , 31.9 km
4.9-9.7 % , Energy points 1153 6h cycling

340 Cirque de Troumouse 42.7279 / 0.09536 2100 m only NW side
Luz-Saint-Sauveur , 716m, 42.87323 / -0.0033 , 1384m , 28.3 km , 4.9-9.9 %
Energy points 1041 5 h cycling

35th day

>>> 70 km, 2 h driving to Saint-Lary-Soulan

342 Lac d'Aumar 42.83818 / 0.15608 2197 m only SE side: **Saint-Lary-Soulan**
838m , 42.813 / 0.31796 , 1359m , 24.4 km , 5.6-13.5 % , Energy points :1156. 6h cycling

345 Pla d'Adet 42.81226 / 0.29599 1680 m Col de Portet!* N side:
Saint-Lary-Soulan , 806m , 42.82368 / 0.32288 , 874m , 11 km , 7.9 -14.9 %
Energy points 854 3,5 h cycling
>>> 15 km , 0,5 h driving

36th day

347 Col d'Azet 42.79181 / 0.38083 1580 m W side: **Val Louron-Saint-Lary-Soulan** , 923m , 42.8194 / 0.3343 , 657m , 8.9 km , 7.4 -13.1 %
Energy points 625 3h cycling >>> NE 7.5 km - 553 pt

>> 35 km 1 h driving

349 Superbagnères 42.76795 / 0.57665 1804 m **Bagnères-de-Luchon** , 635m , 42.78546 / 0.5953 , 1169m , 17.8 km , 6.6-13.5 % , Energy points 1022, 4h cycling
>>> 110 km 2,5 h driving

37th day

352 Guzet-Neige 42.78643 / 1.30029 1520 m **Seix** , 512m
42.86346 / 1.20168 , 1008m , 23.1 km , 4.4-12 % , Energy points 815 , 4h cycling
>>22 km 0,5 h driving

353 Col d'Agnès 42.79413 / 1.3737 1580 m E side: **Massat** , 654m , 42.88934 / 1.34699 , 926m , 17.8 km , 5.2-10.1 % ,Energy points 742 4 h cycling
>>> N 17.8 km - 742 pt

38th day

>> 42 km 1.2 h driving

346 Plateau de Beille 42.72523 / 1.69087 1790 m, only N side:**Les Cabannes** ,536m , 42.78518 / 1.68611 , 1254m , 16.1 km , 7.8-14.1 % , Energy points 1136 , 5h cycling
>>>> to **Andorra**

>>> 65 km , 1,5 km driving to Encamp

438 | AND-017 - Els Cortals 42.539580 / 1.631020 2075 m , second name :Collado Devesa

start place **Encamp** 1298m , 42.535200 / 1.588210 , 777m , 8.9 km ,8.7 -18.7 %

Energy points 832 , 3 h cycling

>>>12 km 0,5 h driving to Ordino

39th day

436 | AND-001 – Arcalis 42.631730 / 1.482230 2225 m second name:Port del Rat+ start place **Ordino** 1286m , 42.555620 / 1.532770 , 939m, 18.3 km , 5.1-14.5 % Energy points 746 , 4 h cycling

>> 13 km , 0,5 h driving

441 | AND-025 - Bosc de la Rabassa 42.435530 / 1.521320 , 2060 m

Sant Julia de Loria via Aixirivall N side: 900m , 42.466610 / 1.492400

1153m , 17.8 km , 6.5-13.1 % , Energy points 1059 4 h cycling

>>>>NW 17.3 km - 978 pt

>>> 20 km , 0,5 h driving

40th day

>>> to **Spain**

428-Col de la Cantó 42.37013 / 1.23645, 1722 m , **Adrall** , 636m ,42.32609 / 1.39962 , 1086m , 25.8 km , 4.2-9.5 % Energy points 793 , 5h cycling

>> 60 km , 1 h driving to Bagá

430 - Coll de Pal 42.30394 / 1.92219 2090 m **Baga** from C-16 country road , 813m , 42.25403 / 1.86121 , 1277m , 19.3 km , 6.6 -11.1 % , Energy points 1047, 5 h cycling

>> 23 km, 0,5 driving

41st day

429 - Rasos de Peguera 42.14156 / 1.76451 , 1895 m , **Berga** , 774m 42.10792 / 1.84968 , 1121m , 15.6 km , 7.2 -12.3 % , Energy points 971

>>>>>back to France

>>>50 km 1 h cycling

360 Coma Morera 42.35596 / 2.02331,2205 m **Bourg Madame** (Puigserá) 1144m , 42.4333 / 1.94587 , 1061m , 18.8 km , 5.6 -10.5 % Energy points 832

362 Col de Mantet 42.48128 / 2.31402 1761 m **Villefranche-de-Conflent**:453m , 42.58406 / 2.36191 , 1308m , 20.8 km , 6.3-15 % , Energy points 1143

357 Col du Pradel 1680 m **Niort-de-Sault** , 846m , 42.80291 / 2.00494
834m , 13.1 km , 6.4-10.7 % , Energy points 673
W 14.7 km - 764 pt

358 Port de Pailhères 2001 m , **Ax-les-Thermes** , 726m , 42.72028 / 1.83999
1275m , 19 km , 6.7-11.4 % , Energy points 1057
>>>NE 33.7 km - 1305 pt >>>> SE 14.1 km - 818 pt

361 Col de Jau 383 Claims 1513 m **Axat** , 412m , 42.80404 / 2.23149 ,1101m
21.5 km , 5.1-12.4 % , Energy points 843 >>>>S 25.1 km - 816 pt

364 Châlet-hôtel des Cortalets 42.53439 / 2.4648 2150 m NW 25.3 km -
1602 pt
second name Pic du Canigou+ , start place :**Prades** , 361m , 42.61552 / 2.418
1789m , 25.3 km , 7.1-11.3 % , Energy points 1602 , **Gravel 10,7->25,3km**
>>> NE 24.8 km - 1556 pt

365 Tour de Madeloc 42.49055 / 3.07476 656 m NE side: **Port-Vendres**
45m ,42.51287 / 3.10951 , 611m , 8.9 km , 6.9-14.2 % Energy points 600
>>>>SE 10.7 km - 592 pt

Spain near Barcelona in the Pyrenees

431 Valter 2000 from ES 2150 m 42.427 / 2.2656 ,**Camprodon** , 951m
42.31363 / 2.36221 , 1199m , 23 km , 5.2 -11.6 % , Energy points 940

432 - Coll de Bracons 42.10851 / 2.37665 1132 m , **Veinat de Can Trona** 470m
42.13014 / 2.4497 , 662m , 9.3 km , 7.1-16.1 % , Energy points 708
>>>>W 14.8 km - 455 pt

433 - Turó de l'Home 1660 m 41.77416 / 2.43797 second name San Marçal-
start place **Sant Celoni** , 166m , 41.69096 / 2.48657, 1494m , 25.6 km , 5.8 -9.9 %
Energy points 1152

434 - Coll Formic 41.80093 / 2.34766 1145 m , second name :Coll Formic
start place **Balenya** , 591m , 41.8439 / 2.2504 , 554m , 13.1 km , 4.2 -10.1 %
Energy points 364 >>>SE 20.9 km - 626 pt

435 - Monasterio de Montserrat 41.59291 / 1.83741 , 724 m, **Monistral de Montserrat**
169m ,41.60919 / 1.84371 , 555m , 8.6 km , 6.5 -12.8 % , Energy points 491

Trip near Nice, but in Italy

>>55 km, 2 h driving to San Remo

749 - Poggio di San Remo 43.82835 / 7.81485 , 162 m , SIDES:W 3.1 km - 94 pt , E
3.8 km - 81 pt

>> 15 km driving to Aregai

750 - La Cipressa 43.8515 / 7.93078 234 m , SIDES : SW 3.3 km - 171 pt **Aregai** , E 5.7
km - 135 pt

>> 65 km, 2 h driving to Finale Ligure

752 - Passo di Melogno 44.23025 / 8.19707 , 1028 m , **Finale Ligure** , 6m 44.16663 /
8.33767

1022m , 16.9 km ,6 -10 % , Energy points 782 4h cycling
>>> 130 km, 2 h driving to Nice