

FR-SP-Bordeaux-Pyrenees-Spain-Basque-country

1st day **Mon, 7 May 2018** 06:05 08:40 12500 Ft

Hôtel Première Classe ** Bordeaux Ouest Mérignac Aéroport

71 Avenue du Président John Fitzgerald Kennedy ,33700 Mérignac >>

12 km >> St Jean train station Gare de Bordeaux - Saint-Jean, Rue Charles Domercq, 33800 Bordeaux, Tel : 05.57.22.29.30

by train Bordeaux St . Jean train station 12:02 >>> Bayonne 13:47

Bayonne >> 25km Itxassou 1,5 h cycling

330 - Artzamendi 915m , Itxassou 40m 43.33265 / -1.40814 , 875m , 10.4 km ,8.4 -18 % Energy points 924 road-bike ok km **MTB 0->10,4 km Gravel 0->10,4km** 2,5 h cycling 10,4+10.4 km

32 km 2,5 h cycling>>

Chambres d'Hotes Chez Pascaline (At Pascaline's place)con #1318.934.357 PIN code 2723

Booking details 2 nights, 1 room **75.30€ paid** Check-in Monday, 7 May 2018 (17:00 - 20:00) Check-out Wednesday, 9 May 2018 (07:30 - 11:00)

lotissement arradoy route de jaxu **64220 Ispoure** France on **D22 >>>** before Jaxu Campground Teillagorry Dominique

Phone +33 5 59 93 33 39 GPS coordinates N 043° 10.410, W 01° 13.26

near > Saint-Jean-Pied-de-Port >> 8-9 km Arnéguy

2nd day May8th

419 - Orzanzurieta 1563 m second name Puerto Ibañeta- **start place Arnéguy** 173m

43.10962 / -1.28102 , 1390m , 26 km , 5.3-14.4 % Energy points 1166 Surfaced 0->21,0 km road-bike 0->26,0 km **MTB** ok km **Gravel 21,0->26,0km** 5h cycling +26 km downhill+ 8 km >>>

331 - Col de Bagargui-Iraty 1327m , **Saint-Jean-Pied-de-Port** 160m , 43,16408 / -1,23609

1167m , 38 km , 3.1-14.4 % Energy points 1376 6 h cycling

3rd day May 9th

45 km >>>> **Larrau** 4h by bike

420 - Puerto de Larrau 1573m on the Spanish border , second name Port de Larrau ,start place **Larrau** , 393m

43.01933 / -0.9562 , 1180m 26 km , 4.5-13.2 % ,Energy points 1188

4,5 h cycling

4th day ,May 10th

30 km 2 h>>> **Barlanès /accommodation: May 9th**

332 - Col de la Pierre Saint-Martin 1760m **Barlanès** 190m 43.07226 / -0.78761 , 1570m , 25 km , 6.3-14.4 % ,Energy points 1527 5-6 h cycling

or 18 km 1:40 h cycling to **NW**

332 - Col de la Pierre Saint-Martin Tardets-Sorholus 200m 43.10812 / -0.85844 , 1560m 32 km , 4.9-13.2 % Energy points 1244 6h cycling

accommodation in Tardets <https://www.hotel-poste-tardets.com> May 10th 55 € booked : Le Bourg – 64470 Tardets-Sorholus, 0559285130 contact@hotel-poste-tardets.com

or from Tardets-Sorholus 47 km 3,5h cycling >>Cette-Eygun

Barlanès>>>> 45 km 3,5 h cycling **on May 10th Cette-Eygun,**

5th day May 11th

421 - Puerto de Somport 1632m second name:Col du Somport start place **Cette-Eygun**,533m 42.93676 / -0.59043 1099m , 22 km , 5-9.6 % , Energy points 721 4 h cycling

May 11th accomodation in

Avenida de Francia, 4,22710 **Castiello de Jaca**, Spain Phone+34 974 35 00 45

33€ from 9 May 2018 00:00 [CEST] : € 33 - Changing the dates of your stay is not possible. **booked !** >>30 km Jaca 1- 1.5 h cycling

6th day May 12th

cycling to Monreal 101 km 7 h cycling

418 - Higa de Monreal 1280m **Monreal** 531m start location 42.70498 / -1.50544 749m , 8 km , 11.7-17.9 % Energy points 953 2 h cycling

>>> 13 km Hotel NR Noain Pamplona 3-star hotel **40,5€ paid! nonrefundable** Real, s/n, 31110 **Noáin**, Spain Phone+34 948 31 66 10

7th day May 13th

Sightseeing in **Pamploma** 2 h cycling + 48 km 3h cycling Etxarri-Aranatz

417 - Puerto de Lizárraga 1044m **Etxarri-Aranatz** 527m , 42.90595 / -2.0641 , 517m ,10 km , 5.2-7.2 % ,Energy points 350 >>>>10 km **Uharta-Arakil** 2h cycling

414 - Alto de Hachueta 1342m , **Uharte-Arakil** 458m ,42.92303 / -1.96917 885m , 9.7 km , 9.1 -13.2 % , Energy points 816 .Surfaced 0->9,7 km road-bike 0->9,7 km 2h cycling

MTB ok km >>>> 20 km from **Uharte-Arakil** to >>>>**Olazagutia**

San Pedroko bidea, 25 **31800 Alsasua** Confirmation#1676.965.002 PIN 9115 Phone +34 650 02 36 98 25.2€ , N 042° 53.830, W 02° 9.957

8th day May 14th

Olazagutia 10 km 0,5 h cycling

416 - Puerto de Urbasa 875m , **Olazagutia** 550m 42.87526 / -2.19611 , 370m ,16.1 km
2.3-7.2 % Energy points 218 3 h cycling

65 km 4h cycling!! >>>Mañaria, 48212, Bizkaia, SP accommodation!

411 - Puerto de Urkiola 752m , **Mañaria** 189m 43.13786 / -2.66067 , 563m , 6.1 km
9.2-12.2 % ,Energy points 585 2,5 h cycling

accommodation:Errota Ostatua 2 stars Intxaurreondo, 54, 48200 Durango ?

9th day May 15th

>>> 40 km 4 h cycling >>> **Azcoitia**

413 - Alto de Azurki 685m **Azcoitia** 117m 43.17932 / -2.31756 , 568m ,9.8 km 2h
cycling

75km 5h cycling>>> **Fuenterrabia**

10th day May 16th

412 - Alto de Jaizkibel 455m **Fuenterrabia** 18m 43,37389 / -1,79867 437m , 8 km ,
5.5-10.8 % Energy points 355 2 h cycling

Version C Olazagutia 90 km to Urduña, 48460, Bizkaia, SP 9th day

between Vitória and/és Bilbao között

410 - Puerto de Orduña 902m **Orduna** 299m 42.98839 / -3.00871 603m 8.2 km ,
7.4-12 % ,Energy points 581 2 h cycling

65 km 4 h cycling to Mañaria >>> 40 km cycling to **Azcoitia 75 km 4 h cycling to
Fuenterrabia**

11th day May 17th Alto de Jaizkibel 2 h cycling +++

>>>> by train to Bordeaux 3h 15:14 Hendaye >>17:58 Bordeaux St-Jean TGV 8544 2nd
Downstairs, Side-by-side seats, Aisle Carriage 18, seat 15 with bike reservation total 32-34€

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accommodation near the airport 17th May

12th day = last day Fri, 18 May 2018 09:15 11:50 23000 Ft

J'arrive le soir à vélo et je pars très tôt le 9 mai.
vieux cyclist de Hongrie
je ne parle pas français !